

East Lancashire - Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
'Attend Anywhere', delivered by ELCAS**

Please log on using the hyperlink - <https://nhs.vc/HLSC/CAMHS>

**Please enter the word "drop" as the first name and "in" as the
second name followed by your date of birth. You will then enter our
virtual waiting area where we will collect you.**

**First Wednesday of every month - 3pm - 5pm
Second Wednesday of every month - 1pm - 3pm
Third Wednesday of every month - 5pm - 7pm
Fourth Wednesday of every month - 1pm - 3pm**

Safe | Personal | Effective