

# MENU

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

1

Week commencing

15th April  
6th May  
27th May  
17th June  
8th July  
29th July  
19th August  
9th September  
30th September  
21st October

## Week 2

2

Week commencing

22nd April  
13th May  
3rd June  
24th June  
15th July  
5th August  
26th August  
16th September  
7th October  
28th October

## Week 3

3

Week commencing

29th April  
20th May  
10th June  
1st July  
22nd July  
12th August  
2nd September  
23rd September  
14th October  
4th November

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Crispy Coated Chicken Burger or Quorn Goujons in a Bun with Tortilla Chips & Sweetcorn	Loaded Beef or Vegetarian Bean Chilli Tacos with Mixed Rice Freshly Prepared Salad Selection	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Booths Pork or Vegetarian Sausages with Herby Potato Wedges Mixed Vegetable Medley or Baked Beans	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans
<b>Pizza &amp; Pasta</b>	Vegetable Pasta Bake with Freshly Prepared Salad Selection (v)	Cheese & Tomato Pinwheel Pizza with Paprika Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (v)	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection
<b>Dessert</b>	Sticky Toffee Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk
	MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Vegetarian Sausage Roll with Paprika Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)	British Beef or Vegetarian Burger in a Bun with Tortilla Chips Freshly Prepared Salad Selection	Roast Pork or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Harry Ramsdens Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips & Mushy Peas
<b>Pizza &amp; Pasta</b>	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (v)	Tomato, Mild Chilli & Sweet Pepper Pasta with Freshly Prepared Salad Selection (v)	Homemade Calzone Pizza with Rainbow Vegetable Pasta Salad (v)	Cheese, Broccoli & Pasta Bake with Freshly Prepared Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Baked Beans (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection
<b>Dessert</b>	Vanilla Sponge & Chocolate Sauce or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk	Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk	Mini Vanilla Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk
	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Booths Pork Sausages or Vegetarian Sausage in a Bun with Tortilla Chips Freshly Prepared Salad Selection	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges Mixed Vegetable Medley or Baked Beans	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap Mini Sausage Rolls Tortilla Chips & Vegetable Sticks	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (v)	Tondo Pizza Panini with Paprika Potato Wedges Freshly Prepared Salad Selection (v)	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (v)	Beef or Quorn Pasta Bolognaise with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.