

What to wear for Forest School

We will be outdoors in all weathers. To ensure that children are comfortable and prepared it is important that they are wearing the correct clothing. Please ensure their forest kit is in a labelled bag. Extra layers are advisable in winter in case of fluctuations in temperature so it is ideal to have extra layers packed just in case. In summer when appropriate we ask you to apply a first layer of sunscreen before you drop your child off in the morning, and also provide a named sunscreen in their bag. Below is a list of clothing that children **need** to have in their bags during the different seasons in order for them to be fully prepared. Please remember we do get wet and muddy at Forest School and more importantly, have lots of fun.

All year – children require a long-sleeved t-shirt and long trousers to prevent scratches or stings.

Spring/Summer

- Pair of comfortable long trousers (jogging bottoms or leggings)
- Long sleeved t-shirt or top (loose fitting)
- One thick jumper
- One fleecy zip up jacket (in the bag, just in case)
- Wellies or sturdy shoes/boots (which you don't mind getting wet and muddy)
- Sun hat and sunscreen
- Waterproofs (in a bag just in case)

Autumn/Winter

- Waterproofs (all in one suit is best)
- Pair of long trousers (jogging bottoms or leggings)
- Long sleeved t-shirt or top
- Warm fleece or hoodie
- Wellies or sturdy boots (which you don't mind getting wet and muddy)
- Warm hat
- Gloves and scarf
- Thick warm socks (and spare socks in case theirs get muddy)

Yours sincerely

Mr McCormick, Miss Coxhead, Miss Riley and Miss Gould

