



We are
**LANCASHIRE
WOMEN**

About us...

We EMPOWER
We are CREATIVE
We COLLABORATE
We DON'T JUDGE

www.lancashirewomen.org
Registered Charity No. 1100976

A little background...

Lancashire Women is a leading charity with an average of 8000 women accessing our services each year.

Our vision is for **all women** in Lancashire to be **valued** and treated as **equals**. Here's a breakdown of the 4 work-streams we use to help women live safer, happier and more positive lives...

Community & Wellbeing
From talking therapies to CBT - helping in all areas of mental health and wellbeing

Employment, Advice & Guidance
Supporting women in getting back into employment, education or training

Justice & Safety
Helping offenders, ex-offenders and those at risk of entering the criminal justice system. Our services also support women who face homelessness or domestic abuse

Money Advice
Helping women through financial crises and manage their money long-term

Many of our women face multiple barriers including...

Mental health issues
Homelessness
Substance misuse
Domestic abuse

Using a Trauma Informed Approach, we make sure our services WRAP AROUND the woman to minimize the need for external referrals and give her a consistent journey.

Our credentials

As well as sourcing funding for our own charitable purposes, Lancashire Women successfully fulfil contracts with a wide range of statutory providers including:

- ★ Ministry of Justice
- ★ Department of Health & Social Care
- ★ Lancashire Police & Crime Commissioner
- ★ East Lancs Clinical Commissioning Group
- ★ Lancashire County Council
- ★ Blackburn with Darwen Council

We are accredited by the Accreditation Programme for Psychological Therapies Services and hold BACP Service Accreditation

Our money advice service is CERT MAP certified and regulated by the Financial Conduct Authority

Our outcomes

In 2019/2020 we...

- Delivered **3066** one-to-one mental health support & therapy sessions
- Supported **103** women who were homeless, or at risk of homelessness, in to a property
- Worked with over **1000** women in the criminal justice system
- Helped **2636** people with one-to-one employment and skills support sessions
- Provided money, debt and benefits advice to **852** people

Head Office

21-23 Blackburn Rd,
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Centres

Accrington
Blackburn with
Darwen
Blackpool
Burnley
Preston

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